



4401 Sion Farm, Ste. 1
Christiansted, VI 00820-4245
(340)773-1994, Fax (340)773-0094



PO Box 302608-Charlotte Amalie
St. Thomas, VI 00803-2608
(340)776-3700, Fax (340)774-5908

LABOR INVESTING FOR TOMORROW (LIFT) INTERNSHIP PROGRAM 2019

The Labor Investing for Tomorrow (LIFT) program was created by the Department of Labor in 1989 as a summer internship program to provide college level students with an on-the-job orientation in various professional fields.

LIFT is open to you if you are between the ages of 18 – 25, inclusive, presently in college and completed at least 60 credit hours, and have a minimum G.P.A. of 2.80. LIFT administrators have designed a highly competitive selection process for the program. Essays will be Content (30%), Organizational Development (30%), Mechanics (30%), and Style (10%). Applicants who have successfully passed the review process are then scheduled for interviews.

During the six (6) to eight (8) weeks of the LIFT Program, interns are paid \$12.00 per hour and are expected to work no more 35 hours per week. Program participants are encouraged to practice and promote your skills, network, and utilize this opportunity to establish valuable contacts within your area of interest.

Interested juniors, seniors or graduate students must complete the LIFT application online on the department's website: www.vidol.gov; select the LIFT 2019 application under the Forms tab on the site. Please email completed applications to liftvi@vidol.gov, to the attention of the LIFT Coordinator, by the March 22, 2019, deadline. Copies of sensitive documents (social security card, birth paper, etc.) can be brought in to our St. Thomas and St. Croix offices by the deadline to be considered for the 2019 program or sent via **Certified Mail** to:

Attention LIFT Coordinator
USVI Department of Labor
4401 Sion Farm, Ste. 1
Christiansted, VI 00820-4245

Take the time to complete the application. There are many opportunities here for you at home in the Virgin Islands; do not take a chance on your future! If you have any questions regarding this information please contact our offices on St. Croix at (340)-773-1994 ext. 2144 or St. Thomas at (340)-776-3700 ext. 2080.

Sincerely,

Arah C. Lockhart

Arah C. Lockhart
Director of Workforce Development

"Labor Works...Let Labor Work For You."



Government of the Virgin Islands of the United States
DEPARTMENT OF LABOR



LIFT Labor Investing For Tomorrow

APPLICATION INSTRUCTIONS		APPLICATION INFORMATION								
All students interested in being considered for the Labor Investing For Tomorrow (LIFT) Summer Internship Program must submit this application and all supporting documents to the Department of Labor, LIFT Coordinator....NO LATER THAN March 22, 2019. Eligibility Requirements 1. GPA must be 2.8 or better on a 4.0 scale. 2. Applicant must be between the ages of 18-25, inclusive. 3. Applicant must be presently in college/grad school and must have completed at least 60 credit hours.	PLEASE COMPLETE & MAIL TO ADDRESS BELOW									
	Last Name		First Name		MI					
	Amanda				v					
	Local Address			Email:						
	City	State	Zip	Telephone						
	Local Contact Person			Telephone						
	College or University Attending									
	Address									
City		State	Zip	Telephone						
ESSAY		Major	Classification (Junior, Senior, etc.)		Graduation Date					
In 250 words or less, discuss the possible contributions you could make to the Labor Investing For Tomorrow (LIFT) Summer Internship Program and the potential employer as an Intern. Please note that this essay is 60% of the determining your eligibility. All Applicants Must: 1. Complete application; must be typed. 2. Complete and submit a typed essay above on a separate sheet. 3. Request an official transcript be sent from your present school to the LIFT Coordinator/Youth Services (see address below). 4. Submit a resume. 5. Proof of Citizenship or Legal Residency Status (passport, Birth Certificate or Green Card), Social Security Card, Current College ID. 6. Participate in an interview. 7. Email application to: liftpvi@vidol.gov Mail application to: LIFT Coordinator USVI Department of Labor 2353 Kronprindsens Gade St. Thomas, VI 00802-6221 For further information contact: (340) 773-1994 ext. 2144 STX (340) 776-3700 ext. 2080 STT										
						Skills				
						1.				
						2.				
						3.				
						Area/Job Preference (List in the order of preference)				
						1.				
						2.				
						3.				
						Have you ever participated in any of the Department's Summer Youth Employment Programs? (Check appropriate box)				
Six (6) weeks work experience ☐ YES ☐ NO										
LIFT (Internship Program) ☐ YES ☐ NO										
Do you plan to earn college credits?										
☐ YES ☐ NO										
Expected date available for employment										
Signature				Date						